

COMMUNITAS Workshop

Expected behaviours

To minimise risk to others attending:

complete pre-attendance questionnaire BEFORE SETTING OFF to rehearsal
if answer to any of the questions is 'yes' - DO NOT ATTEND

[Pre-attendance Questionnaire](#)

To minimise spread by breathing:

- 1) TWO metre social distancing AT ALL TIMES indoors (1M+ outdoors), this means before, during and after musical activity, during breaks, in bathroom queue
- 2) mandatory wearing of face-coverings indoors throughout the entire activity; bring spare mask and plastic bag to hold the first used/wet one
- 3) do not shout. Raise your hand if you need to be heard
- 4) no hugging, hand-shaking, lingering to chat in the rehearsal area
- 5) sneeze/cough into tissue/crook of arm

To minimise spread by touch:

- 1) sanitise hands on arrival, departure and after bathroom visit
- 2) avoid touching shared surfaces as much as possible
- 3) bring your own sheet music/ipad. Do not share equipment
- 4) bring the minimum of personal belongings and keep them under your chair / on your blanket
- 5) bring your own refreshments inc. water
- 6) Bring your own chair and / or blanket

We will have spare face masks, hand gel, anti-bac wipes & gloves to hand but please help by bringing your own

NB We will monitor social distancing, the use of masks and hand sanitiser throughout the rehearsal

Two warnings will be given to each participant - after a second warning, you may be asked to leave

If you do not comply, you will jeopardise our ability - and that of thousands of other groups - to hold rehearsals in future

Please note: even if you have been vaccinated, you will need to comply with these rules:

Not everyone can be vaccinated

The vaccines are not 100% effective

There are constantly new mutations